

Bright Futures Previsit Questionnaire 4 Month Visit

For us to provide you and your baby with the best possible health care, we would like to know how things are going. Please answer all of the questions. Thank you.

What would you like to talk about today?

Do you have any concerns, questions, or problems that you would like to discuss today?

We are interested in answering y	our questions. Please check off the boxes for the topics you would like to discuss the most today.			
How Your Family Is Doing	□ Taking time for yourself □ Having time alone with your partner □ Spending time alone with each of your childre □ Returning to work or school □ What is good child care			
Your Changing Baby	 □ Where your baby sleeps □ How your baby sleeps □ How to keep your baby safe while sleeping □ Tummy time for playtime with you □ How to calm your baby □ Keeping daily routines 			
Feeding Your Baby	 Breastfeeding Formula feeding How your baby is growing Starting solid foods Food allergies Your child's weight 			
Healthy Teeth	Using a pacifier Teething Drooling Not using a bottle in bed			
Safety	 □ Car safety seats □ Preventing falls, burns, and choking □ Not using walkers □ Drowning and pools □ How to check for lead in your home □ Checking the hot water heater temperature 			
Questions About Your Baby				

🗅 Yes Have any of your baby's relatives developed new medical problems since your last visit? If yes, please describe:

Unsure 🗅 No

Hearing	Do you have concerns about how your child hears?	🗅 Yes	🗅 No	Unsure
Vision	Do you have concerns about how your child sees?	🗅 Yes	🗅 No	Unsure
Anemia	Is your child drinking anything other than breast milk or iron-fortified formula?	🗅 Yes	🗅 No	Unsure

Does your child have any special health care needs? D No □ Yes, describe:

Other than your baby's birth, have there been any major changes in your family lately? Move □ Job change □ Separation □ Divorce □ Death in the family Any other changes?

Does your child live with anyone who uses tobacco or spend time in any place where people smoke? □ No Yes

Your Growing and Developing Baby

Do you have specific concerns about your baby's learning, development, or behavior? □ Yes, describe:

Check off each of the tasks that your baby is able to do.

- □ Smiles to get your attention
- Keeps head steady when sitting up on your lap
- Begins to roll and reach for objects
- U Wants you to play
- Can calm down on his own



- Likes to cuddle
- Lets you know when she likes something
- Lets you know when he does not like something
- Uses arms to lift chest
- Babbling



The recommendations in this publication do not indicate an exclusive course of treatment or serve as a standard of medical care. Variations, taking into account individual circumstances, may be appropriate. Original document included as part of Bright Futures Tool and Resource Kit. Copyright © 2010 American Academy of Pediatrics. All Rights Reserved. The American Academy of Pediatrics does not review or endorse any modifications and to this document and in no event shall the AAP be liable for any such changes.

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